

MS HANDBOOK PROPOSED CHANGES

XVII. COACH'S RESPONSIBILITIES

1. Select and coach individual participants in the skills necessary for excellent achievement in the sport.
2. Plan and schedule a regular program of practice in season.
3. Work closely with the athletic director in scheduling interscholastic contests.
4. Maintain and recommend the purchase of equipment, supplies, and uniforms.
5. Maintain and possess the necessary physical forms, insurance eligibility forms, medical release forms and records as required by ASAA, KPSAA, and the local school.
6. Oversee the safety conditions of the facility or the area in which the assigned sport is conducted at all times students are present.
7. Establish performance criteria for participation in interscholastic competition in the sport.
8. Enforce discipline and sportsmanlike behavior at all times. Establish and oversee penalties for breach of such standards by individual students.
9. Maintain personal/professional conduct and dress standards commensurate with the ideals of the KPBSD interscholastic activity program.
10. Be familiar with all pertinent rules, regulations, policies, and procedures of KPSAA, and the local school.
11. Perform other duties pertinent to the sport as assigned by the principal or designee.
12. Share responsibilities listed under Section XVIII, Athletic Director's Responsibilities as delegated by the principal (for schools not having an athletic director).
13. Ensure that chaperones accompany each sex for all school-sponsored, overnight activities and ensure appropriate behavior occurs.
14. Agree to the use of the Middle School Coach's Evaluation Form (Appendix F/Evaluations). This form is for use by the administrator, athletic director, and/or the activity sponsor for the purpose of improvement only.
15. Be currently certified in first aid as required by ASAA regulation and have a fully equipped first aid kit on hand.
16. Fall and Spring coaches agree to be certified in Concussion in Sports, Sudden Cardiac Arrest and Heat Illness Prevention trainings. This requirement will be managed at the school site level.
17. Possess and be familiar with the national federation handbook for his/her sport.
18. Be responsible for filling out an accident report for any significant injury and filing it with the student's health records.
19. In most cases, it is not appropriate for coaches to have their own children accompany the team and be present in the bench area.
20. Have all training rules and regulations signed by parents and on file with building administrator.
21. To immediately report any KPSAA policy/rule violations to the building administrator.

IV. STUDENT ELIGIBILITY

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B. Student Requirements for Participation in Interscholastic Activities

1. Enrollment:

a. Interscholastic Program: In order to participate in a school-sponsored activity (including practice), a student must meet one of the following criteria:

- 1) Be properly registered and enrolled in at least four (4) semester classes, or the equivalent, within the school district.
- 2) A student attending a KPBSD approved correspondence, ~~or~~ charter, alternative program or State of Alaska approved correspondence program that has not been granted separate-school status (greater than 150 students at a designated site) must declare a school within the district as their school of eligibility prior to participating in a school-sponsored activity (including practice).
- ~~3) Students attending a KPBSD approved correspondence or charter program that has been granted separate school status may participate in non-team related activities (i.e. cross country running, track, skiing and wrestling) at their declared school of eligibility within the district on a space available basis as determined by the school administrator and/or site council.~~
- 4) Students attending a KPBSD approved correspondence, ~~or~~ charter, alternative program or State of Alaska approved correspondence program that has been granted separate school status may participate in any non-team related activity at their declared school of eligibility with the district on a space-available basis as determined by the school administrator and/or site council. This may only occur if the correspondence or charter program does not offer that activity.

In addition, 6, 7-8th grade KPBSD approved correspondence, charter, alternative program or State of Alaska approved correspondence program ~~charter~~ school students are able to participate in team sports on a space available basis.

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6. **Non-KPBSD School Participation.** Only ~~students enrolled in the public schools of the KPBSD~~ KPBSD school sanctioned teams may participate in the Borough team sports tournaments. This includes students enrolled in the Connections Program. A non-KPBSD school on the Kenai Peninsula, having membership in ASAA at the high school level, may participate in middle school level borough tournaments, given the school has registered to do so prior to the season, has participated during the season in accordance with KPSAA Middle School Activity Rules, and the school is willing to accept an equal share of tournament expenses.

VI. GENERAL ACTIVITIES POLICIES FOR THE KPBSD

A. Travel Limitations.

1. **Vehicles.** Students traveling to or from all District-sponsored practices or contests not held at your home site must do so in school provided vehicles, unless specifically released in writing by their parent or legal guardian and approved by the building administrator to travel by some other method. "Home site" is defined as the location where your school is hosting an event or where all schools share a site. (e.g., Soldotna Sports Center).
2. Mode of travel.
Buses shall be used for all extended activity trips during October to April whenever practical.
3. For all activity trips between November 1st and March 31st all students must have in their possession the following items or appropriate alternatives:

- 1 pull-over hat
- 1 pair of warm long pants
- 1 heavy winter coat
- 1 pair of warm shoes
- 1 pair of warm socks
- 1 pair of gloves or mittens
- 1 bed roll (overnight trip)

Coaches/Sponsors are responsible for checking that each student has these items in possession before leaving the school's parking lot. If a student cannot obtain these items before departure time, he/she will not be allowed to travel with the team.

4. Distance Restriction. Travel beyond 40 miles (one-way) should be discouraged on school days (Mon-Thurs) during the regular season. ~~Middle School co-curricular activities shall be restricted to travel on the Kenai Peninsula only.~~

APPENDIX A

CO-CURRICULAR PARTICIPATION CONSENT FORM
MIDDLE SCHOOL WARNING, ASSUMPTION OF RISK
And
HOLD HARMLESS AGREEMENT

This form affects your legal rights and responsibilities. Please read it carefully before you sign it and ask questions if there is anything you do not understand.

Student Name (Please Print) School Date

FOR ALL SPORTS AND ACTIVITIES

I understand that all co-curricular activities have a certain degree of risk. I also understand these risks may include injury ranging from minor sprains and contusions, to major injury, possible paralysis, or even death. I understand the possibility of serious injury may impair my future abilities to earn a living; to engage in other business, social and recreational activities; and to enjoy life generally. Having read and understood the above warning, I recognize the importance of following coaches' instructions regarding playing techniques, training and other team rules, and I agree to obey such instructions.

I have read the Kenai Peninsula Borough School District activity guidelines and understand their contents. I understand that the Kenai Peninsula Borough School District and Alaska School Activities Association will not assume responsibility for injuries sustained in the co-curricular programs. I also understand that primary accident insurance coverage is my responsibility. I give consent for emergency treatment to be administered to my child. I also authorize the school to transport my child for any co-curricular activity.

Except for claims arising from the sole negligence or willful misconduct of the school district, I hereby agree to hold the Kenai Peninsula Borough School District, its employees, representatives and coaches, harmless from any and all liability, actions, debts, or claims of every kind whatsoever which may arise by or in connection with participation of my child/ward in activities related to the above mentioned middle school programs. The terms hereof shall serve as a release for my heirs, estate, executor and all members of my family.

Having read the above warning and having understood the dangers and potential risks involved in playing or practicing these activities, I give my consent as the parent/legal guardian of _____ (student's name) to participate in the following program (**circle one only**) :

XC Running Soccer Basketball Volleyball Wrestling Nordic Track
Ski

Student Signature Grade Date

Parent/Legal Guardian Signature Date

Note: If you are a student attending a KPBSD approved correspondence, ~~or~~ charter, **alternative** program or **State of Alaska approved correspondence program** a ~~KPBSD Connections student~~, you must obtain the signature of the **Connection's** Program Director for each activity you participate in and leave a copy of this form in his/her office.

Connections Program Director Signature Date
Revised 05.18

XVI. ACTIVITY RULES
WRESTLING

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C. Classifications. Wrestlers will compete in the following weight divisions: 75 and under, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 132, 138, 145, 155, 167, 190, and ~~unlimited~~ 285.

APPENDIX D

MIDDLE SCHOOL
TEAM/STAFFING GUIDELINES

Activity	Minimum	1 st Assistant Or B Team	2 nd Assistant	3 rd Assistant	4 th Assistant
Cross Country Running (B/G)	8	20	40	60	
Soccer	10	30			
Basketball	8	20			
Wrestling	8	20	40		
Nordic Skiing (B and G)	8	20	40		
Volleyball	8	20			
Track and Field (B and G)	10	20	40	60	80

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V. PARTICIPATION GUIDELINES FOR ACTIVITIES

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D. Participation Fees

1. **A fee of \$150** per activity shall be charged for football, basketball (boys and girls), baseball, softball, volleyball, wrestling, Nordic skiing, swimming, ~~and~~ hockey, and soccer.
2. **A fee of \$100** per activity shall be charged for cross-country running, cheerleading, performance dance, ~~soccer~~ and track.

VI. GENERAL ACTIVITIES POLICIES FOR THE KPBSD

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B. Scheduling Limitations

1. **School day.** All contests between two or more schools shall be scheduled outside of the students' regular school day for the host school, unless approved by the building principal and the KPSAA Executive Secretary.
2. ~~Borough Cross Country Running. Race will be held midweek (Tuesday) and the race will be a distance of 3 kilometers.~~
3. **2. Borough tournaments.** Borough tournaments will be held in cross-country running, Nordic skiing and track and field. Borough Tournaments were developed for the benefit of student athletes and the schools involved. Schools with teams in these three sports shall participate in the Borough meets. Borough tournaments may not begin before 9:00 a.m. This includes pre-event sponsors' meetings.
4. **3. Priorities.** Schedule conference commitments first, Peninsula non-conference schools on a home/away bi-annual basis second, and then include other contests.

HIGH SCHOOL COACHING ALLOCATIONS

Suggested	Current	1st Asst	2nd Asst	3rd Asst	4th Asst
Football	22	22	40	50	60
	15	22	30	45	60
Football Cheer	?				
	6	20			
XC Running (B & G)	8	20			
			30		
Volleyball	8	20	30		
			25		
Swim & Dive (B + G)	10	20			
Dive	3				
Wrestling (B + G)	8	20			
			30		
Hockey	12	20			
			30		
Nordic Skiing (B + G)	8	20			
			30		
Basketball	8	20	25		
BB Cheerleading	?				
	6	20			
Track N Field (B + G)	10	18	40	55	
		20	30	45	60
Soccer	18	30			
	15	25			
Baseball	12	20			
		25			
Softball	12	20			
		25			
DDF	?				
	8	20			