

Human Sexuality

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Defining our Sexuality

Self Discovery

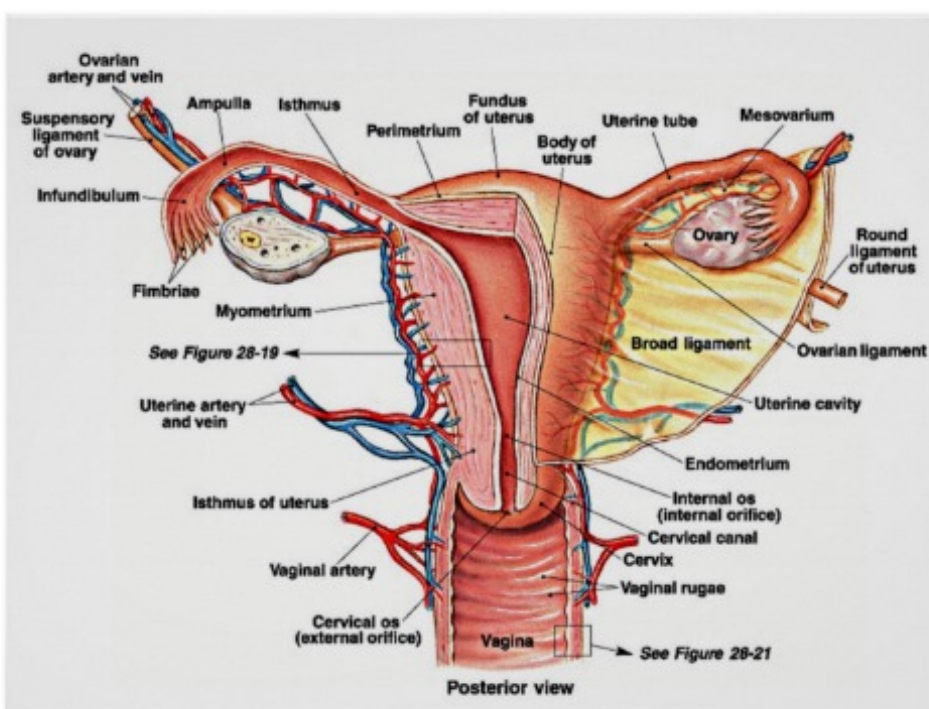
Emotions

Gender

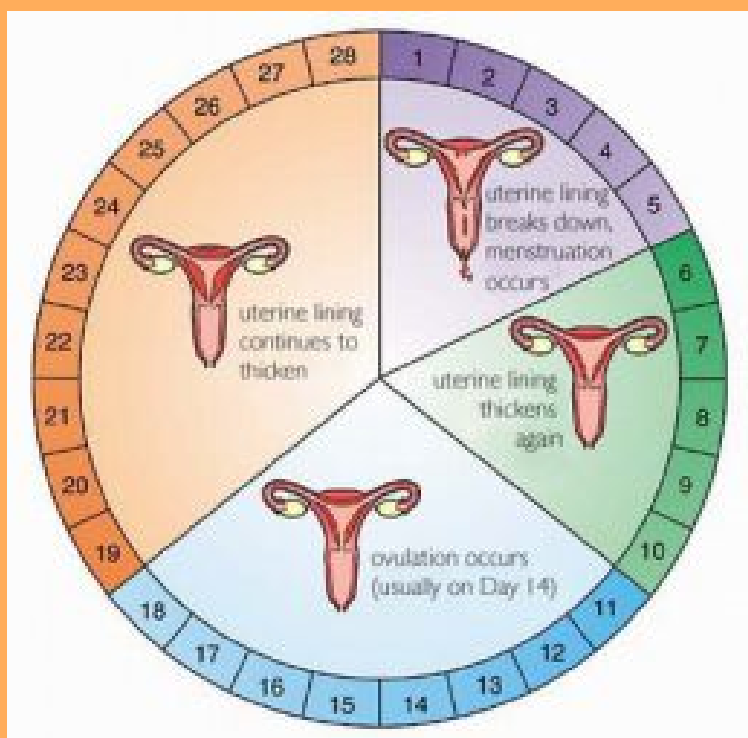
Values

Culture

Intimate Relationships

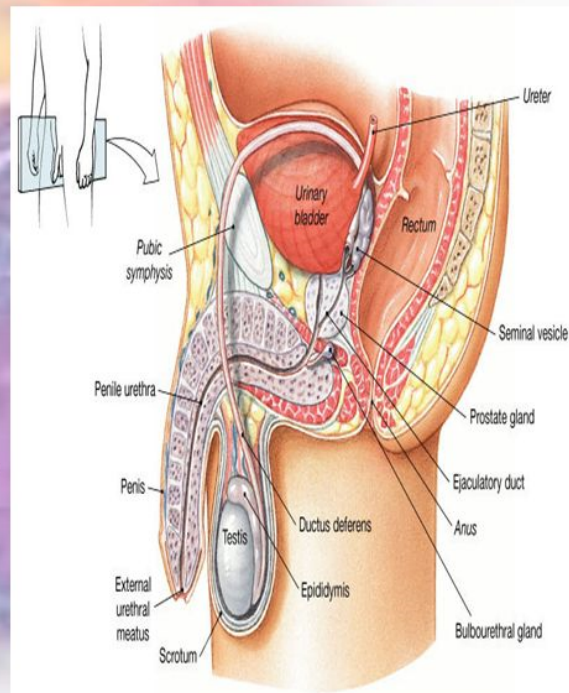


Menstrual Cycle



Male Reproductive System

- **Testes**
 - paired, plum sized structures
 - produce sperm & hormones
- **Epididymus**
- **Ductus Deferens**
- **Urethra**
- **Ejaculatory ducts**
 - nourish, store, transport & mature sperm.
- Accessory structures
- **Seminal vesicles**
- **Prostate**
- Bulbourethral or Cowper's glands
- External genitalia
- **Scrotum**
 - contains testes
- **Penis**



Puberty Event

Estrogen at work

Growth of breasts 9-10 years old

Growth of pubic hair 8-14 years old

Body Growth 9 1/2 - 14 1/2 years old

First Period 10 - 16 1/2 years old

Underarm Hair 2 yrs. after pubic hair shows up

Acne around the same time as underarm hair

Emotional changes Confusion, anxiety, overly sensitive
lose temper more easily, sexual feelings, embarrassed or
nervous about sex

Puberty Event

Growth of testicles and scrotal sac 10-13 1/2 years old

Testosterone at work

Growth of pubic hair 10-15 years old

Body Growth 10 1/2 - 16 1/2 years old

Growth of penis 11-14 1/2 years old

Change in voice about the same time as penis growth

Nocturnal emissions "Wet dreams"

Facial and Underarm hair about 2 yrs. after pubic hair appears

Acne about the same time as underarm hair appears

Emotional changes Confusion, anxiety, overly sensitive
lose temper more easily, sexual feelings, embarrassed or
nervous about sex

STI's/STDs

Clamydia

Bacterial infection.

Most Common 3mil men and women get infected every year

Rampant in Alaska

Treated with antibiotics

Gonorrhea

Bacterial Infection

It affects about 600,000 women and men in the US every year.

Treated with antibiotics

HPV

Human papillomavirus

Very common

Half of all men and more than 3 out of 4 women have HPV

HPV Vaccine 11-12 yrs. old

HIV

Human Immunodeficiency Virus

Virus causes AIDS in ten yrs. if left untreated

Attacks the immune system

No Cure but with medications, can live a "normal" life expectancy