

# HB 156 and KPBSD Core Material Overview

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# HB 156

- ▶ All materials and resources related to human reproduction and sexual matters must be approved by the school board.

This includes:

- ▶ Materials
- ▶ Resources
- ▶ Guest presenters
- ▶ Parent notifications
- ▶ Parent Opt Out Forms

# Erin and Bree's Law

- ▶ The Alaska Safe Children's Act requires all Alaska schools to teach students how to identify sexual abuse and domestic violence and where to turn for help.



# HB 156 does **NOT** include:

- ▶ Curricula, materials and resources for:
  - ▶ Sexual abuse
  - ▶ Sexual assault awareness
  - ▶ Sexual assault prevention training
  - ▶ Dating violence
  - ▶ Abuse awareness
  - ▶ Abuse prevention training



# Core KPBSD Published Health Materials

## The Great Body Shop (K-8)

- Researched Based,
- AK DOE Approved
- Comprehensive and Developmentally Appropriate
- Meets AK and National Standards

## The Fourth R Healthy Relationships (MS and HS)

- Adapted for Alaska
- Evidence based, developmentally appropriate
- Comprehensive school-based program designed to reduce risky behaviors (violence, substance abuse)
- Lessons are interactive (discussions, role plays)

## Pearson Health (HS)

- Traditional standards driven program
- Broad range of topics – including health in the community, school and home
- Focus on violence prevention, health and fitness and abstinence

# What do all these programs have in common?

- Comprehensive, developmentally appropriate
- Aligned to Alaska State Standards and Alaska Safe Children's Act Learning Objectives for the classroom
- Research based
- Meet the requirements Alaska Safe Children's Act
- Materials are easy to use and teacher friendly
- Surveys and assessments are provided

# Evidence-Based Prevention That Works!

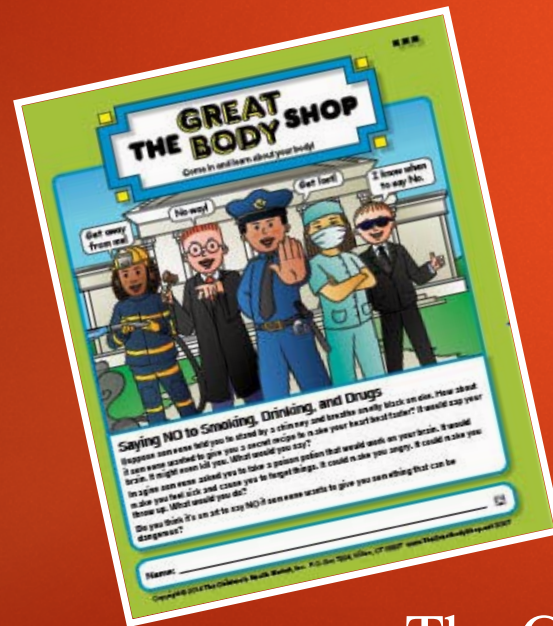
**Reducing  
Risk  
Behaviors**

- Significantly **lowers use** of alcohol, cigarettes, and marijuana
- Results in **fewer violent acts** and conduct problems
- Produces **higher scores** on health knowledge, health attitude and health self-efficacy
- Results in **parents reading** the materials, **using** them and **changing** something at home
- Significant **improvement** in the **CDC risk areas**
- Significant **improvement** in **20/24 risk** and **protective behaviors**



# The Great Body Shop

Health Education for  
Elementary and Middle School Students and their  
Families



*Published by:*

The Children's Health Market

# Fourth R (MS) and Fourth R Plus (HS)

- ▶ Reading
- ▶ wRiting
- ▶ aRithmetic
- ▶ RELATIONSHIPS



# Pearson Health



Delivers high school students the tools necessary for developing and enhancing healthy behaviors that influence lifestyle choices. stimulates classroom discussion, helping students' master skills essential to successful health education.

# Core KPBSD Published Biology Materials

## Miller & Levine HS Biology

- Aligned to Next Generation Science Standards and AK Science Standards
- Scientific approach explaining the functions of the reproductive system
- Endocrine system is coupled with the reproductive system

# Alaska Safe Children's Act Toolkit



- ▶ Visit this [website](#) for more information and resources

Questions...

Thanks for supporting health  
education in our schools!