

School Safety & Climate: Childhood Trauma and Adverse Childhood Experiences



KPBSD Worksession
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ACES DEFINED:

An adverse childhood experience (ACE) describes a **traumatic experience** in a person's life occurring **before the age of 18** that the person **remembers as an adult.**

CATEGORIES OF ACES

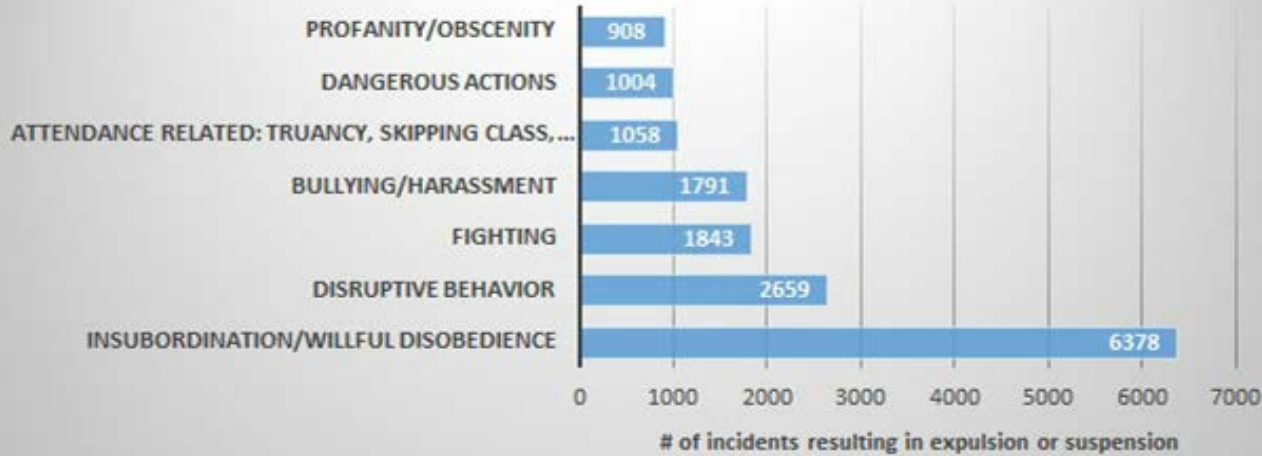
ABUSE	NEGLECT	HOUSEHOLD DYSFUNCTION
<p>Emotional Sexual Physical</p>	<p>Physical Emotional</p>	<p>Living with someone:</p> <ul style="list-style-type: none">• with mental illness• who abuses substances• who was incarcerated <p>Witnessing domestic violence</p> <p>Experiencing a separation or divorce</p>

TRAUMA CAN IMPAIR LEARNING

- ❖ Affect attention, memory and cognition
- ❖ Reduce ability to focus, organize and process information
- ❖ Interfere with problem-solving and planning
- ❖ Result in frustration and anxiety



Top reasons for expulsion or suspension



TOP NATIONAL REASONS FOR EXPULSION OR SUSPENSION

2015–2016 School Year:

- 20,585 suspensions and expulsions
- Nearly 10,000 suspended (1 in 13)
- Majority for nonviolent, non-safety-related incidents

ACES ARE COMMON AND SIGNIFICANT IN ALASKA

Adverse Childhood Experiences (ACEs) are common events for many Alaskans.

Two thirds of Alaskans report at least one ACE.

These events may have significant costs to their health, social and economic outcomes into adulthood.



Rationale: Adverse Childhood Experiences

As educators, we see the impact trauma has on children and youth every day, as they cannot help but bring it to school. ACEs often adversely impacts students' behavior and their ability to learn

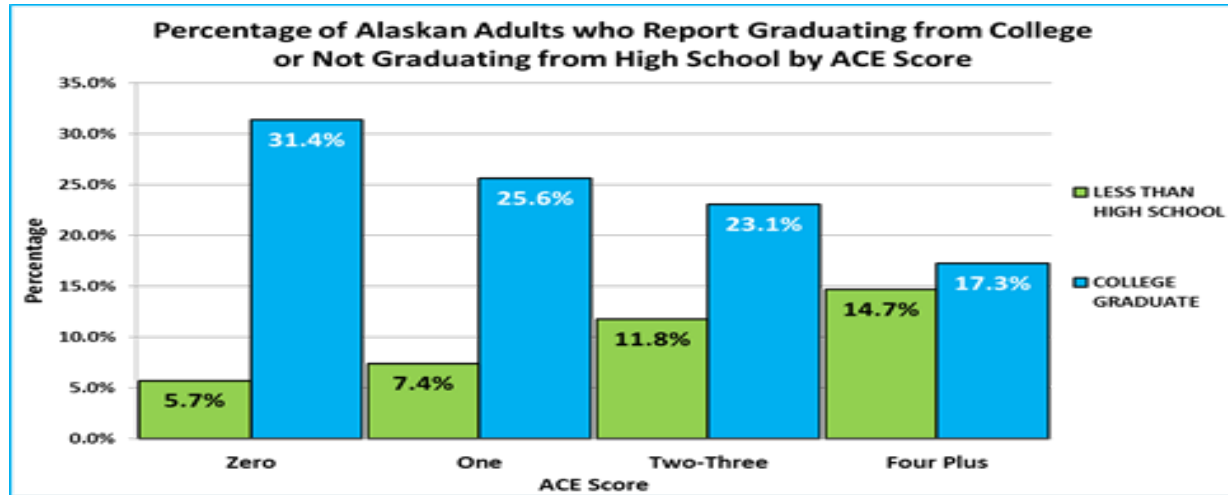


- ▶ Understanding trauma's impact offers public education a tremendous opportunity to improve the health and academic outcomes for countless students.

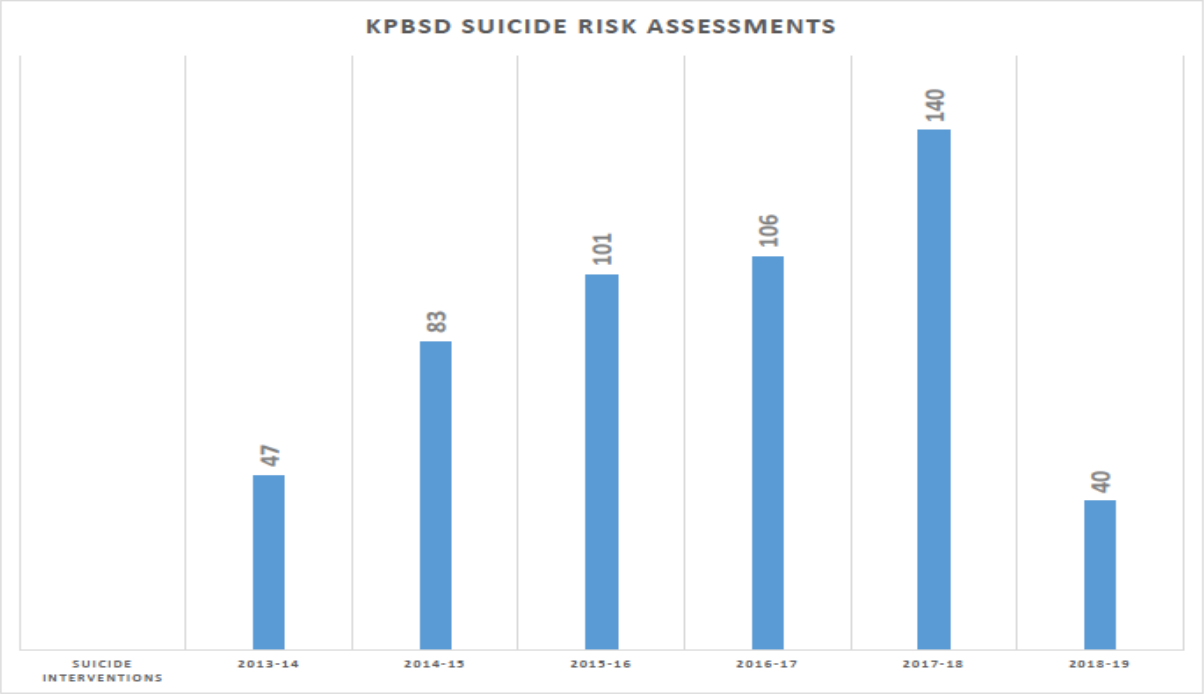
- Alaskan children who have experienced at least one ACE⁹:
 - Birth to 5: 40.2%
 - Ages 6-11: 51.9%
 - Ages 12-17: 61.7%

Rationale: Aces And Educational Achievement

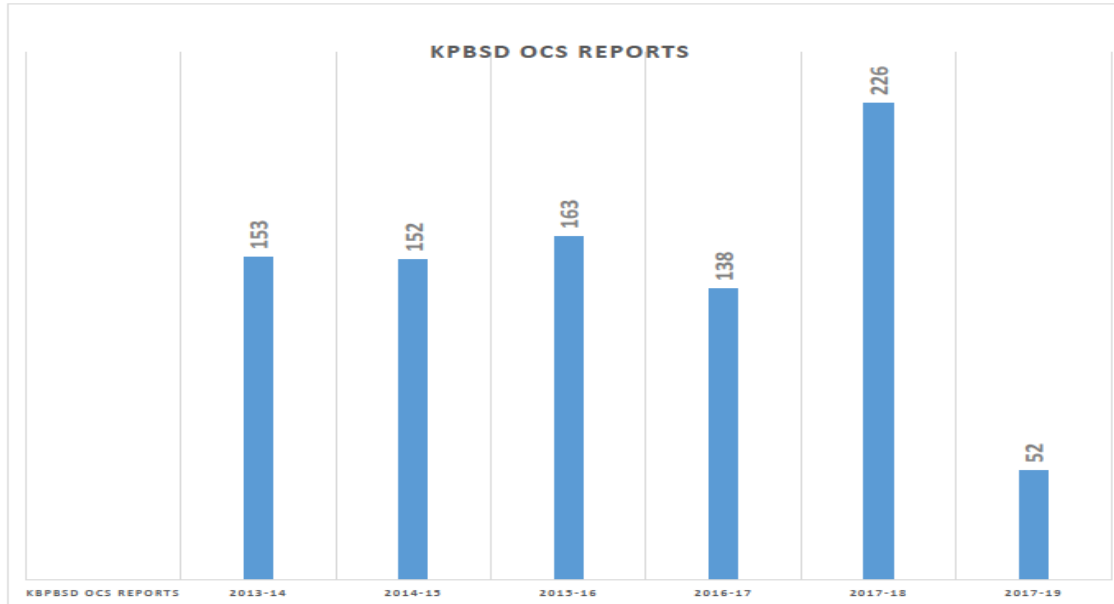
- Alaskan adults who have experienced four ACEs are approximately two and a half times less likely to have graduated from high school.
- Alaskans with four ACEs are about half as likely to have graduated from college



KPBSD SUICIDE RISK ASSESSMENTS



OCS REPORTS: KPBSD's reports are only 10-15% OF TOTAL INCIDENTS reported. OCS typically receives 1,200 reports annually on the peninsula.



KPBSD Student Climate & Mindset Survey...

- “Only half of students indicate that it is easy to talk to adults at this school about things that are bothering them.”
- “Only 55 percent of students agree that when students see another student being picked on, they try to stop it or students in their school help each other, even if they are not friends.”
- “Only 64 percent of students state that students at their school treat them with respect.”

Hanover Recommendations for KPBSD

- **Investigate school policies that promote community and connectedness between students and staff.**
“Students note that principals do not frequently ask them about their own ideas.”
- **Consider programs to foster growth mindset to improve students’ confidence and ability to learn.**
- **Institute programs that help teach students how to remain calm under stress and describe their feelings.**

- ❖ **KPBSD Core Curriculum Professional Development**
- ❖ **Youth Mental Health First Aid**
- ❖ **Sources of Strength**
- ❖ **The Great Body Shop**
- ❖ **Fourth R and Fourth R Plus**
- ❖ **Trauma Informed Educators - Dr. Linda Chamberlain**
- ❖ **Mandt Training**
- ❖ **Fetal Alcohol Syndrome Disorder (FASD)**
- ❖ **Life Space Crisis Intervention Training**

**KPBSD STAFF
TRAINING AND
PROFESSIONAL
DEVELOPMENT**



DEPARTMENT OF EDUCATION ELEARNING MODULES

eLearning Modules are web-based, interactive training courses for educators

Overcoming ACEs	Trauma-Sensitive Schools	Suicide Awareness
Suicide Prevention	Suicide Intervention	Responding to Suicide - Postvention
Prenatal Alcohol and Drug Related Disabilities	Domestic Violence and Sexual Assault	Opioids and the Overdose Epidemic

DISTRICT PROVIDED SUPPORTS

- ❖ School Nurses
- ❖ School Psychologists
- ❖ School Counselors
- ❖ Homeless Liaisons



Additional Mental Health Services Needed

- Project AWARE Counselor Funding Runs Out in June 2019
- Priority: Retain and Expand the Project AWARE Counselor Roles & Scope
- Elementary School Level Mental Health Counselors



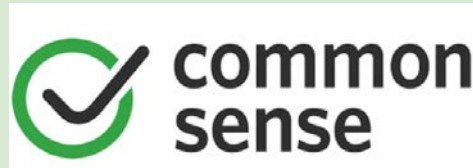
KPBSD TIERED LEVEL OF SUPPORTS



- ❖ Positive Behavioral Intervention Supports (PBIS)
- ❖ Interventionists
- ❖ Special Education Behavioral Programs
 - ❖ Stages, Foundations, and Frameworks
- ❖ Social Skills Training for Targeted Student Needs

KPBSD CURRICULUM - PREVENTION & RESILIENCY

- ❖ Youth Mental Health First Aid
- ❖ Fourth R and Fourth R Plus
- ❖ Sources of Strength
- ❖ Common Sense Media
- ❖ Great Body Shop
- ❖ PBIS



GRANTS TO SUPPORT THE WORK



- ❖ GCI Community/Safe Children Grants
- ❖ GCI Suicide Prevention Grants
- ❖ Suicide Pre and Postvention Grant (SAPP)
- ❖ Project Aware Grant
- ❖ NoVo Foundation Grant/Rockefeller Philanthropy Advisors



BEHAVIORAL HEALTH AGENCY PARTNERS

- ❖ **Central Peninsula Hospital**
- ❖ **Peninsula Community Health Services**
- ❖ **Seaview Community Services**
- ❖ **Kenaitze Indian Tribe (Na'ini Family and Social Services)**
- ❖ **Ninilchik Tribal Council Health Services/Community Outreach**
- ❖ **Chugachmiut Behavioral Health**
- ❖ **South Peninsula Behavioral Health Services (The Center)**
- ❖ **Seldovia Village Tribal Clinic**
- ❖ **University of Alaska, Anchorage Center for Human Development**

KPBSD AGENCY PARTNERS

- ❖ **Office of Children's Services**
- ❖ **Boys and Girls Clubs**
- ❖ **Head Start and other Early Childhood Programs**
- ❖ **Frontier Community Services and Infant Learning Program**
- ❖ **Kenai Police Department**
- ❖ **Department of Juvenile Justice**
- ❖ **REC Room**
- ❖ **Sprout Family Services**
- ❖ **Project Grad**
- ❖ **Planned Parenthood**

COMMUNITY RESOURCES

- ❖ **Lee Shore Center**
- ❖ **Love INC, of the Kenai Peninsula**
- ❖ **Mobilizing for Action through Planning and Partnership (MAPP Coalition)**
- ❖ **Kenai Peninsula Community Care Center**
- ❖ **The Food Bank**
- ❖ **Kenai Job Center and Public Assistance**


**Please go to Board Docs for a comprehensive list.*

KPBSD Policy BP5131.43

- Harassment, Intimidation and Bullying
 - *“To promote an environment free of harassment, intimidation, or bullying, the principal shall take appropriate actions such as removing vulgar or offending graffiti, establishing site rules, soliciting site council/parent/community input and providing staff in-service, parent education and student instruction and counseling. Teachers shall discuss this policy with their students in age appropriate ways and assure students that they need not endure any form of harassment, intimidation, or bullying”*



Bullying Prevention

- Staff training on bullying and harassment
 - Student and parent education about bullying and school policy inclusive of supports and discipline
 - Positive School Culture, School-wide/Class-wide PBS/PBiS
 - School Climate
 - School Discipline
 - Identify victims and bullies - implement service
 - Effective Social Emotional Learning (SEL)-The Great Body Shop, Fourth R,
 - Targeted Tier II and III interventions for bullies and victims
 - Individual services: counseling, monitoring
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Student Safety Assessments and Process

- Suicide Risk Assessment
- Self-Injurious Behavior Assessment
- Threat Assessment



Threats and The Threat Assessment Process

T-1: A process/form used interview students, and gather information, determine type of threat, determine appropriate course of action. This process will often require that a risk/threat assessment be obtained before a student is allowed back on campus

T-2: A team process designed to provide a plan for a safe reentry back to school

Work with school safety consultant-Dr. Kannan

Dr. Kannan is the first director of the Colorado School Safety Resource Center and has been a school safety and education consultant since 2012. The KPBSD is working with Dr. Kannan during the 2018-2019 school year to:

- Review and Revise forms and process used based on the newest information provided by the Secret Service and FBI
- Training to school and district threat assessment teams
- Staff messaging
- Student messaging
- Safety Tip Line
- Review/development of possible policy language

ALICE:

- The KPBSD Emergency Guidelines for Parents and Guardians is on our website:

<http://www.kpbsd.k12.ak.us/Workarea/DownloadAsset.aspx?id=34275>

- The KPBSD School “Safety Closure” Information is also on our website:

<http://www.kpbsd.k12.ak.us/Workarea/DownloadAsset.aspx?id=34276>

Building Security-Key Card Access

- Borough Maintenance in conjunction with District IT are completing the performance specifications for obtaining the key card access system components. In order to assist with the installation, the attached priority list has been created in the order of system installation. Consideration was given to:
 - Past history of intrusions
 - School neighborhoods
 - Ability for offices to observe entries
 - Age groups in facility
- Once the first facility has been installed and labor requirements / costs are established, a time schedule will be attached to show when each school can expect to have their system installed. Borough Maintenance is currently projecting that each system will take approximately 5-8 days to install.

Next Steps: DEED School Climate and Safety Summit

- KPBSD Team attended the AK DEED September 18-19 Summit
- Trauma Informed, ACES, Restorative Practices, Building Security and Protocols
- KPBSD Team will continue to meet and plan
- FY20 Budget: What are our School Safety Priorities?
 - Social Emotional Learning
 - Mental Health Supports (Elementary level)
 - Building Security and Protocols



QUESTIONS?



The mission of the Kenai Peninsula Borough School District is to empower all learners to positively shape their futures.