



Planned Parenthood of the Great Northwest
and the Hawaiian Islands



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ORGANIZATIONAL PROFILE

Planned Parenthood of the Great Northwest and the Hawaiian Islands

Planned Parenthood of the Great Northwest and the Hawaiian Islands (PPGNHI) is a leader in providing comprehensive sexuality education in Alaska, Hawaii, southern Idaho, Indiana, Kentucky, and western Washington. As part of our comprehensive sexuality education, we provide medically accurate curricula that provides young people with positive messages about sex and sexuality as natural, normal, healthy parts of life. Our educators emphasize information about abstinence as the best way to prevent sexually transmitted infections and unintended pregnancy, while also educating participants on safe sex strategies to reduce the risk of infection and unplanned pregnancy. We create educational experiences that help young people develop relationship and communication skills that allow them to explore their own values, goals, and options, as well as the values of their families.

Our professional community outreach educators have been delivering factual and engaging presentations since the 1960s, tailoring content to the needs of each group. We offer a variety of education presentations and interactive learning experiences to ensure that young people in our community receive reliable information about sexuality and reproductive health. Presentations can be previewed by teachers or parents, and outlines can be reviewed.

Planned Parenthood of the Great Northwest and the Hawaiian Islands (PPGNHI) Education and Training staff is a resource for teens, parents, families, and professionals.

Our educational services include:

- Workshops for parents, other trusted adults, and children
- Programs for school, youth, religious, and community groups
- Professional development and trainings
- Educational publications and resources

Our programs:

- Contain factual, up-to-date and medically accurate information
- Conform to the local and state policies and laws on sexual health education
- Assist teachers in meeting academic requirements in health education
- Work as stand-alone presentations or as supplements to existing curricula
- Can be adapted to meet the needs of specific groups, grade levels and classrooms
- Are designed with clear learning objectives
- Are always interactive and fun!

RELEVANT EXPERIENCE

- Community Outreach Educator, Planned Parenthood, 1998-Present
 - Facilitate Linking Families and Teens (LiFT) program to help reduce teen pregnancy and increase family connectedness and communication in rural Alaska communities
 - Provide high quality presentations that contain medically accurate curricula on sexuality and reproductive health to schools, parents, religious organizations, and community groups
 - Lead age and culturally appropriate programs designed to fit the specific needs of the school and community
 - Implement instructionally sound lesson plans and teaching methodology
 - Maintain fidelity and implement evidence based and/or informed programs
 - Conduct community assessments of services and programs and initiate outreach efforts as directed by the Education Manager
 - Assist community organizations in selecting and delivering appropriate programs
 - Demonstrate and model diversity awareness
 - Serve as assistant and alternative Facilitator for the Teen Council Peer Education program as needed
 - Contribute to the research of best practices and local policy/regulation changes
 - Prepare and distribute educational and informational materials for education program, and respond to requests for materials
 - Assist curriculum review committees and serve on local youth development focused coalitions
- Interim Director of Lifelong Religious Education, Anchorage Unitarian Universalist Fellowship, March – May 2017
- Lead Coordinator of Our Whole Lives (OWL) Comprehensive Sexuality Education Program, Anchorage Unitarian Universalist Fellowship, 2016-present
- Instructor, UAA, Professional and Continuing Education (PACE) courses for school professionals developed with and sponsored by Anchorage School District Health/PE Curriculum Coordinator's Office, "Too Hot to Handle: From Safe Touch to Teen Issues," and "Sexuality Education in the K-12 Classroom" 2001 to 2012
- Presenter, *Lead On! Youth Empowerment Conference: Cyber Safety; Increasing Conversations with Youth About Sexual Health*, November 2016
- Facilitated *Safe in the Village* education film and discussion as contract with Alaska Native Tribal Health Consortium, rural-targeted education, November 2016
- Trainer for para-professionals seeking their certification to be drug and alcohol counselors through RADACT, delivered session on Sexually Transmitted Infections within context of Alaska-specific issues, drug and alcohol use, relationship health/abuse, twice annually. September 2016 to present
- Moderator for Panel representing 6 teen pregnancy prevention programs, MCH State of Alaska, September 2016
- Presenter, Alaska School Nurses Association Conference, "Spring 2015
- Co-Facilitator, Co-Developer of "Sexual Health 101: Health Strategies for Working with Youth and Families," 3-day training for social service, education, public health staff in Dillingham, AK, Spring 2014
- National Sex Education Conference, Meadowlands, NJ, Dec 2014
- In-Service Instructor, Anchorage School District, multiple trainings for Health Education Specialists (sponsored by the ASD Health/PE Curriculum Coordinator's Office), for Nurses (sponsored by Nurse Manager of ASD Health Services Department), 2002-2014
- Presenter, Alaska Public Health Nursing Conference, "Education Strategies for Community Outreach," 2012

- Instructor, Thread (Child Care Connection), “Healthy Sexual Development in Children Birth to Five,” multiple classes, 2005 to 2012. Southcentral Foundation Headstart staff, 2014
- Facilitator, Project Coordinator in cooperation with State of Alaska Department of Adolescent Health, reaching public health nursing staff and parents, foster parent support agencies and foster parents in rural locations with trainings for nurses/counselors on how to encourage parents to talk with their children about sex and sexuality and education sessions for parents/foster parents on how to talk with their children about sex and sexuality; Anchorage, Kenai, Fairbanks, Bethel. 2010-2011
- Presenter, Kenai Peninsula Borough School District, Nurse In-service, “Supporting Sexual Health of Young People,” March 2010
- Presenter, Trainings for Title X Grantees in Alaska sponsored by Center for Health Training, Seattle, WA: “Supporting Sexual Health of Persons with Disabilities,” Anchorage, 2007. “Adolescent Sexual Health,” Kenai, 2008. “Communicating Effectively with Adolescents” Anchorage, 2009
- Presenter, Alaska Nurse Practitioners Conference, “Sexuality and Aging,” November 2004
- Facilitator, The ARC of Anchorage, meetings, trainings with staff on supporting sexual health of persons with disabilities, 2004.
- Past President, Board Member, Alaska Health Education Consortium (AHEC), statewide collation of representatives of government and health/education entities to promote health through education, 1999-2002.

SKILLS

- Maintain confidentiality of personal information and serve as a mandatory reporter
- Demonstrate respect for diverse opinions, beliefs, and values
- Provide medically accurate sexual health lessons to youth, families, and community members
- Facilitate community and family programs
- Respond to questions respectfully and accurately following the FLASH Values Questions Protocol
- Incorporate a variety of classroom management strategies to maintain a dynamic learning environment
- Educate with effective teaching strategies to create positive learning experiences for all learners
- Utilize a communication style that emphasizes a strength-based approach to youth development
- Develop and contribute to curriculum and learning activities
- Participate in annual professional development seminars, training, conference, and courses
- Coordinate program implementation and evaluation
- Lead training for other professionals

EDUCATION AND LICENSURE

- M.A., Teaching, Alaska Pacific University, Anchorage, Alaska, May 1996
- B.A., English Literature, The College of Idaho, Caldwell, Idaho, May 1987
- Certified Trainer of Facilitators (1 of about 50 in U.S.), Our Whole Lives (OWL), Comprehensive Sexuality Education Program Grades K-12th, Unitarian Universalist Association
- Certified F.L.A.S.H. (Family Life and Sexual Health) Trainer Training, Seattle King County Public Health Dept
- Certified T.O.P. (Teen Outreach Program) Facilitator, Northwest Coalition of Adolescent Health, Seattle, WA
- Alaska Teaching Certificate K-8, State of Alaska, May 1996. Expired May 2001

PROFESSIONAL COURSES AND TRAINING

- PPGNHI Education Department Intensive Training, 2019
- Annual HIPPA Certification, 2019
- Annual Mandatory Reporting Training, 2019
- Teen Speak Curriculum Facilitator Training, 2018
- Linking Families and Teens (LiFT) Facilitator Training, 2017
- Annual Maternal Child and Family Health Conference of the State of Alaska Public Health Department, 2016
- Mental Health Assessment for Youth, 2016
- Customer Service Training, 2013
- United Way Diversity Training, 2012
- PPGNHI Organization vetting includes a comprehensive application and interview process along with reference and background checks. The interview requires applicants provide a 15-minute lesson. Applicants are required to have a minimum of two years of experience as an educator, trainer, or civic engagement leader.