



Kenai Peninsula Borough School District Monitor and Stay Protocol for Close Contacts

Effective: TBD

Monitor and Stay guidelines apply only to KPBSD Close Contact* students and staff who would need to quarantine after positive COVID-19 exposure that occurs in a KPBSD classroom or school setting.

These close contacts can continue attending school or work and do not have to quarantine in a KPBSD setting, as long as they:

1. **Are asymptomatic** (symptom free from illness)
2. **Wear a face covering in school at all times through Day 14** (or through day 7 if tested on Day 5 or later and result is negative) **except when eating or drinking**. When these individuals cannot wear a face covering (i.e., when eating or drinking) they should maintain 3 feet of distance from other individuals to every extent possible
3. **Conduct active monitoring for symptoms** through Day 14, and self-isolate at home if symptoms develop

In addition to the above three protocols, student athletes must both **Monitor and Test** to continue to participate in their school sponsored co-curricular activities:

4. **Take a rapid antigen test** (e.g., BinaxNOW) **each school day, and confirm a negative result.** (Reminder- Antigen tests can be completed at the school but will require parental consent). Individuals should quarantine on weekends and other non-school days, and if they remain asymptomatic, upon return to school be tested immediately. If the individual remains COVID-19 negative, they can stay in school

When you or your child is identified as a close contact in a KPBSD setting, the school nurse, principal, or the person who calls to inform you will explain the *Monitor and Stay* option as part of the conversation.

Students and staff who are exposed to COVID-19 outside of the school setting and identified as a close contact who needs to quarantine should not attend in-person school or participate in organized sports or extracurriculars throughout their quarantine period.

*LINK: [Close Contact webpage](https://www.kpbsd.org/covid19) or covid19.kpbsd.org