

# Proposed changes for 2023-24 KPSAA HIGH SCHOOL Handbook As presented to the Board of Education:

## KPSAA High School Handbook

1. Page 10, Article IV. STUDENT ELIGIBILITY, Section B. Student Requirements for Participation in Interscholastic Activities, Item 5. **Practice**

**Practice.** Athletic participants must have ten separate days of practice in the same activity prior to the first day of competition unless a waiver has been granted because of participation in a continuous activity (ASAA, Article VII, Section 5). ~~Students may not have practices waived for football, gymnastics, hockey, wrestling or cheerleading.~~

Proposed Rule: **Required Practice.** Athletic participants must have ten (10) separate days of physical practice in the same sport activity prior to the first day of competition. If a student is participating in another school sport with overlapping seasons, then he/she may have up to five (5) practices waived (ASAA Article 7, Section 7).

Proposed rule change would bring KPBSD is alignment with ASAA.

2. Page 11, Article IV. STUDENT ELIGIBILITY, Section C. Student Scholastic Eligibility for Participation, Item 1.c.

At the end of the quarter, eligibility determination will be made on the first ~~Wednesday~~ **Monday** of the new quarter. ~~For second semester, the eligibility determination will be made the first Wednesday following the grade check.~~

Page 33, This language change would also update *ELIGIBILITY CHECK DATES*

**End of quarter eligibility check date will be the first school day following the end of a quarter, except the end of the school year. The Q4/S2 eligibility check date will be the following Monday (or Tuesday if a holiday) after teacher's last work day.**

Proposed language provides better consistency

3. Page 15, Article V. PARTICIPATION GUIDELINES FOR ACTIVITIES, Section A. Tobacco, Alcohol and Controlled Substances.

**Item 3. Annual Requirements:** The Pre-Participation Orientation is required of each student participant and parent/guardian annually, at the beginning of the student's first season of the school year, before the student is eligible to participate. This session is a short informative presentation designed to encourage students to maintain a chemical-free lifestyle, and to ensure that students and parents/guardians understand the policy and the consequences for violation. Upon completion of the Orientation **on ASAA's online reporting platform**, the student and parent/guardian must **complete and sign all forms** ~~the Student/Parent/Legal Guardian TAD Acknowledgement Form~~ for the student to gain eligibility. Schools will affirm ~~that this has happened by marking the designated field on the~~ **requirements have been completed on the** School Activities Reporting System (SARS). In the event a student and parent do not view the Pre-Participation Orientation and/or sign the Student/Parent/ Legal Guardian TAD Acknowledgement Form, the student is still subject to the policy.

**Item 5. Cumulative and Progressive Penalties:** **Students sanctioned under the TAD guidelines must complete the ASAA education component before returning to play.** Violations of the TAD and Proximity policies will be cumulative and progressive, ~~as described in the following paragraphs,~~ throughout a student's high school years. If a student transfers from one ASAA member school to another ASAA member school, the student's cumulative violations will accompany such transfer and shall be the basis for any additional penalties should further

violations occur. Under KPSAA Guidelines, a proximity violation is the same as a TAD violation.

**Item 6. ~~Minimum Penalties for Violation of the TAD/Proximity Policy~~: The Policy for tobacco, alcohol and controlled substances is governed by ASAA. Please see the ASAA Policy Handbook for specific regulations and guidelines.**

~~**First Offense:** The student will be suspended from interscholastic activities and practice for ten (10) calendar days. Fifty (50) percent of the suspension will be forgiven and the student may return to practice if the student and parent/guardian complete the First Offense educational component.~~

~~For tobacco use, if a student under the First Offense Penalty violates the Tobacco Rule with the ten (10) calendar days period of suspension, the student's period of suspension will start over again; the First Offense educational component will become mandatory and no forgiveness will be granted. This process will continue until the student has demonstrated ten (10) calendar days without a subsequent tobacco violation. A student who has not completed a suspension or re-suspension under the first Offense penalty for violation of the Tobacco Rule does not become subject to imposition of penalties under a Second, Third or Fourth Offense for violation of the Tobacco Rule, until the student has completed all suspensions and re-suspensions under the First Offense Penalty for tobacco use. A student serving a First Offense penalty under the Tobacco Rule is, however, subject to immediate imposition of a Second Offense Penalty to the extent this is based upon violation of the non-tobacco prohibitions under this policy.~~

~~While under the period of suspension, the student may return to practice after completion of the educational component. A student may need additional days of practice before returning to competition (See Article 7, Section 7 ASAA).~~

~~**Second Offense**—The student will be suspended from interscholastic activities and practice for forty-five (45) calendar days, and there will be no forgiveness of calendar days of the interscholastic competition suspension. Both the student and parent/guardian must complete the Second Offense educational component prior to the student's return to competition. In addition, the student must complete 20 hours of community service and write an essay on what they learned about this experience.~~

~~While under the period of suspension, the student may return to practice after completion of the educational component. A student may need additional days of practice before returning to competition (See Article 7, Section 7 ASAA).~~

~~**Third Offense**—Students who violate this policy for a third time have a significant problem.~~

~~Students who have committed a Third Offense under the rule and wish to regain their eligibility will complete the following:~~

~~\* suspension from interscholastic competition and practice for six (6) months and there will be no forgiveness of calendar days of the interscholastic activities suspension.~~

~~\* seek assessment and counseling/treatment from a local health care professional and complete and submit Appendix I "Chemical Use Assessment Form",~~

~~\* successfully complete the recommendations of the care provider and submit a letter from the agency;~~

~~\* demonstrate a commitment to remain substance free;~~

~~\* make a presentation to the District School Board requesting reinstatement of interscholastic eligibility~~

~~While under the period of suspension, the student may return to practice after completion of the educational component. A student may need additional days of practice before returning to competition (See Article 7, Section 7 ASAA).~~

~~**Fourth and Subsequent Offenses**—Student who violate this policy for fourth or more time have a significant problem. Students who have committed a Fourth and Subsequent Offenses under the rule and wish to regain their eligibility will complete the following:~~

- \* suspension from interscholastic competition and practice for one calendar year and there will be no forgiveness of calendar days of the interscholastic activities suspension.
  - \* seek assessment and counseling/treatment from a local health care professional and complete and submit Appendix I “Chemical Use Assessment Form”,
  - \* successfully complete the recommendations of the care provider and submit a letter from the agency,
  - \* demonstrate a commitment to remain substance free,
  - \* make a presentation to the District School Board requesting reinstatement of interscholastic eligibility,
  - \* make a presentation to the ASAA Board of Directors requesting reinstatement of interscholastic eligibility
- While under the period of suspension, the student may return to practice after completion of the educational component. A student may need additional days of practice before returning to competition (See Article 7, Section 7 ASAA).

**The last two paragraphs of Item 6 remain unchanged...**

All elements of reporting, enforcement, and administration of the above participation guidelines will be in accordance with Alaska School Activities Association, Kenai Peninsula Borough School District and Kenai Peninsula School Activities Association General Information and Policies.

These are minimum penalties which may be increased by the member school or member school district based upon (1) the nature of the violation, (2) the extent to which it occurs on school property or during school activities, and (3) the extent to which it arises in the context of the student’s participation in interscholastic activities. Penalties shall be imposed beginning on the first calendar day following a determination that a violation has occurred, except to the extent a school’s appeals policy permits a student to continue to participate pending final determination of any appeal filed by the student under such policy. In such case, penalties shall be imposed on the first calendar day following a determination on appeal that a violation has occurred. A student shall be considered ineligible during each calendar day in which a penalty is imposed.

Due to the frequency of TAD policy changes from ASAA, the KPSAA board proposes this language update.

4. *Page 18, Article V. PARTICIPATION GUIDELINES FOR ACTIVITIES, Section D. Items 1, 2, & 5*

**Participation Fees**

- 1 ~~A fee of \$150~~ per activity shall be charged for baseball, basketball (boys and girls), football, hockey, Nordic skiing, soccer, softball, swim/dive, volleyball, wrestling.
  - 2 ~~A fee of \$100~~ per activity shall be charged for cross-country running, cheerleading, Esports (~~per season~~), performance dance, and track & field.
1. KPBSD has instituted an activity fee for all ASAA activities. The established fee for all high school activities is \$200, with the exception of cheerleading, ESports, and performance dance, where the activity fee is \$100 per season.
  2. The maximum participation fee assessed any family will not exceed \$700 per year at the high school level only.
  3. Music festival participation fees for high school choir is \$20.0 and high school band is \$25.00.
  4. Students who are unable to pay all or part of the fee must complete the waiver request form, which is then filed in the administrator’s office.
  5. ~~The maximum participation fee assessed any family will not exceed \$500 per year at the high school level only.~~

Programs are struggling, with costs continuing to rise. There has not been a fee increase in recent memory.

5. *Page 19, Article VI. GENERAL ACTIVITIES POLICIES FOR THE KPBSD, Section A. Travel Limitations, Item 4. **Mode of Travel***

School vehicles shall be used for all extended activity trips. ~~When traveling off the peninsula between the months of November and March inclusive, teams must arrive back at the school site no later than 1:00 a.m. unless prearranged with the building administrator.~~

a. ~~When travelling off the peninsula between the months of November and March, teams must arrive back at the school site no later than 1:00 a.m. unless prearranged with the building administrator and the Transportation Supervisor.~~

b. ~~When traveling off the peninsula between the months of April and October, teams must arrive back at the school site no later than 2:00 a.m. unless prearranged with the building administrator and Transportation Supervisor.~~

Language change to update activity travel at the request of the Asst. Superintendent and Director of Planning & Operations.

6. *Page 21, Article VI. GENERAL ACTIVITIES POLICIES FOR THE KPBSD, Section E. Sport Season Practice Rules, Item 2*

~~**State tournament.** There will be no practice sessions during the school year after the state tournament.~~

**Out-of-Season.** Out-of-season is any time other than during the established high school season in a particular sport. During this time coaches may practice up to six hours a week, with out-of-state games or scrimmages counting as one hour. The “out-of-season” participation policy is suspended from May 20 through August 31. This means a coach of a team can coach his/her player anytime, anywhere, during this time period. During the time period the coach or other personnel representing the school is prohibited from requiring any athlete to participate as a condition of selection for the in-season team. (ASAA, Athletic Related Policies)

Language change is to mirror ASAA’s out of season policy.

7. *Page 21, Article VI. GENERAL ACTIVITIES POLICIES FOR THE KPBSD, Section G. Suggested Admission Fees, Item 1.*

**General admission** (school-sponsored activities)

|                      |                                                                                    |
|----------------------|------------------------------------------------------------------------------------|
| Adults               | <del>\$5.00</del> <b>\$8.00</b>                                                    |
| Seniors (over 65)    | <del>\$3.00</del> <b>\$5.00</b>                                                    |
| Students             | \$2.00                                                                             |
| Preschool            | Free if accompanied by an adult                                                    |
| Families             | <del>\$15.00</del> <b>\$20.00</b> if the student(s) is/are accompanied by a parent |
| Parents of Home Team | \$2.00 per parent, per game, for parents of participants in that activity.         |

Programs are struggling, with costs continuing to rise. There has not been a fee increase in recent memory.

8. *Page 27, COACH’S RESPONSIBILITIES*

~~15 Be currently certified in First Aid, Concussion in Sports, and Sudden Cardiac Arrest as required by ASAA regulation, and have a fully equipped first aid kit on hand.~~

Be currently certified in the NFHS Fundamentals of Coaching along with the Alaska/ASAA State Component, First Aid Health and Safety, Concussion in Sports, and Sudden Cardiac Arrest. In addition to the above courses, coaches of Unified Sports programs must have successfully completed the NFHSLearn Unified Sports course.

16. ~~Fall and spring coaches are to be certified in Heat Illness Prevention (free NFHS course) as~~

~~recommended by ASAA. This requirement will be managed at the school site level.~~ **Have a fully equipped first aid kit on hand.**

Procedural change to update language to correspond with ASAA coaching requirements, and remove the Heat Illness Prevention certification.

9. *Page 43, APPENDIX A, **KPBSD Athletic/Activity Participation Registration***  
*See Enclosure of Appendix A*

- \* Updates to the Appendix A moves Cross Country Running and Track & Field from \$100 to \$200.
- \* Moves all other activities with the exception of cheerleading, ESports and performance dance from \$150 to \$200.
- \* Changes the family cap from \$500 to \$700.
- \* Also, deletes the word Activity and adds KPSAA Handbook – second bullet under Activities box.

10. *Page 54, **Return to Play from Injury Release Form (New)***

New form added under Appendix B, Concussion Information & Forms

11. *Page 56, APPENDIX D, **Staffing Guidelines***  
*See Enclosure of Appendix D*

Proposed team/staffing guideline changes (**noted in red**) are due to large increases in participation levels. Justification reveals the importance of recognizing the supervision of such large numbers lends to safety and liability factors. KPSAA also proposes a stand-alone districtwide Dive coach to serve high schools with diving participants.