

APPENDIX A - Part 1

**CO-CURRICULAR PARTICIPATION CONSENT FORM
MIDDLE SCHOOL WARNING, ASSUMPTION OF RISK
AND HOLD HARMLESS AGREEMENT**

This form affects your rights and responsibilities. Please read it carefully before you sign it and ask questions if there is anything you do not understand.

Click or tap here to enter text.

Click or tap here to enter text.

Student Name (Please Print)

School

Date **Grade**

FOR ALL SPORTS AND ACTIVITIES

I understand that all co-curricular activities have a certain degree of risk. I also understand these risks may include injury ranging from minor sprains and contusions, to major injury, possible paralysis, or even death. I understand the possibility of serious injury may impair my future abilities to earn a living; to engage in other business, social and recreational activities; and to enjoy life generally. Having read and ~~understood the above~~ **understand this** warning, I recognize the importance of following coaches' instructions regarding playing techniques, training and other team rules, and I agree to obey such instructions.

I have read the Kenai Peninsula Borough School District activity guidelines and understand their contents. I understand that the Kenai peninsula Borough School District and Alaska School Activities Association will not assume responsibility for injuries sustained in the co-curricular programs. I also understand that primary accident insurance coverage is my responsibility. I give consent for emergency treatment to be administered to my child. I also authorize the school to transport my child for any co-curricular activity.

Except for claims arising from the sole negligence or willful misconduct of the school district, I hereby agree to hold the Kenai Peninsula Borough School District, its employees, representative and coaches, harmless from any and all liability, actions, debts, or claims of every kind whatsoever which may arise by or in connections with participation of my child/ward in activities related to the ~~above mentioned~~ **included** middle school programs. The terms hereof shall serve as a release for my heirs, executor and all members of my family.

Having read the above warning and having understood the dangers and potential risks involved in playing or practicing these activities, I give my consent as the parent/legal guardian of _____ (student's name) to participate in the following programs **(circle one only) (select all that apply):**

<input type="checkbox"/> Basketball	<input type="checkbox"/> ESports	<input type="checkbox"/> Nordic Ski	<input type="checkbox"/> Soccer
<input type="checkbox"/> Track & Field	<input type="checkbox"/> Volleyball	<input type="checkbox"/> Wrestling	<input type="checkbox"/> XC Running

Parent/Guardian Name **Relationship** **Date**

Email Address **Phone Number**

Parent/Guardian Signature

MIDDLE SCHOOL
CO-CURRICULAR PARTICIPANT USER FEE CONTRACT

Student Name School Grade Date

Activity Fee Obligations

In an effort to supplement available state and District funds for our co-curricular programs, a fee will be collected from student participants. This revenue will be used to cover travel and official costs, additional coaching salaries, as well as replacement of equipment and uniforms. The student shall pay the appropriate fee by the beginning of the activity in order to participate. In the case this deadline cannot be met, the student must make specific arrangements with the athletic director. Payment of the user fee provides for participation only and does not guarantee playing time in competitions, or any similar guarantee.

ACTIVITY FEE CHARGES

Middle school students enrolled in a KPBSD school shall be charged \$100 per activity. Non-KPBSD students will be assessed an additional \$100 to support an equitable contribution to facilities and operations per KPBSD activity. Basketball and Volleyball will be split into an intramural and a competitive component. The Intramural cost is \$50. Once competitive teams are formed, an additional \$50 will be assessed. *** Small schools may or may not have an intramural component.*

Refund of Activity Fees

Full Refund: Students who are cut from a co-curricular activity during the first ten (10) days of practice will receive a full refund.

Prorated Refund: Students injured or having special extenuating circumstances during the same activity season will receive a prorated refund, the amount of which will be determined by the coach and athletic director/administrator.

No Refund: Students who quit and/or withdraw from a team due to disciplinary reasons will not receive a refund.

I have read and understand the above terms and conditions and agree to abide by the same.

Parent/Legal Guardian Name (printed)

Date

Parent/Legal Guardian Signature

AUTHORIZATION FOR EMERGENCY MEDICAL TREATMENT

As legal custodian of _____, a minor, I hereby authorize the principal or his/her designee, into whose care the aforementioned minor pupil has been entrusted, to consent to any x-ray, examination, anesthetic, medical or surgical diagnosis, treatment and/or hospital care to be rendered to said minor upon the advice of any licensed physician and/or dentist.

I understand that this authorization is given in advance of any required diagnosis, treatment, or hospital care and provides authority and power to the aforementioned agent(s) to give specific consent to any and all such diagnosis, treatment, or hospital care which licensed physician or dentist may deem necessary.

This authorization shall remain effective for the full school year unless revoked in writing and delivered to said agent(s). I understand the Kenai Peninsula Borough School District, its employees and its Board, (1) assume no liability of any nature in relation to the transportation or treatment of said minor, and (2) is not responsible for the medical bills in the event of injury to my child.

Family Doctor Click or tap here to enter text.	Address Click or tap here to enter text.	Phone Click or tap here to enter text.
Health Plan/Insurance (i.e. BlueCross) Click or tap here to enter text.		Group/Policy No. Click or tap here to enter text.
My Child is Allergic to the Following Medications: Click or tap here to enter text.		
Other Medications Being Used: Click or tap here to enter text.		
My Child has the Following Health Problems: Click or tap here to enter text.		
Signature of Parent/Legal Guardian Click or tap here to enter text.		Date Click or tap here to enter

Parent/Guardian Contact Information

Name: _____ Phone: _____
 Relationship: _____ Email: _____

In an Emergency, If a parent/guardian cannot be reached, please contact

Name: _____ Phone: _____
 Relationship: _____

STUDENT HEALTH REVIEW

To be completed by parent or guardian.

Student Last Name Click or tap here to enter	Student First Name Click or tap here to	MI C	Date of Birth Click or tap here	Grade Cli
Address Click or tap here to enter text.		City Click or tap here to	Zip Code Click or	
Phone Click or tap here to enter		Emergency Phone Click or tap here to enter		

- | | YES | NO |
|--|--------------------------|--------------------------|
| 1. Have you ever been hospitalized?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Have you ever had surgery?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Are you presently taking any medications, pills or supplements?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Have you ever passed out during or after exercise?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Have you ever been dizzy during or after exercise?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Have you ever had chest pain during or after exercise?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Do you tire more quickly than your friends during exercise?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Have you ever had high blood pressure?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. Have you ever been told that you have a heart murmur?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. Have you ever had racing of your heart or skipped beats?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 11. Has anyone in your family died of heart problems or sudden death before age 50?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 12. Do you have any skin problems (<i>itching, rashes, acne</i>)?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 13. Have you ever had a head injury?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 14. Have you ever had a concussion? If yes, how many _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| 15. Have you ever been knocked out or unconscious?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 16. Do you suffer from migraines?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 17. Have you ever had a seizure?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 18. Have you ever had a stinger burner or pinched nerve?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 19. Have you ever had heat or muscle cramps?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 20. Have you ever been dizzy or passed out in the heat?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 21. Do you have trouble breathing or do you cough during or after activity?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 22. Do you use any medical assistant devices (<i>insulin pump, prosthetic, implanted device, etc</i>)? | <input type="checkbox"/> | <input type="checkbox"/> |
| Click or tap here to enter text. | | |
| 23. Have you ever had problems with your eyes or vision?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 24. Do you wear glasses or contacts or protective eye wear?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 25. Have you ever sprained/strained, dislocated, fractured, broken or had repeated swelling or other injuries in any of the following bones or joints?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> Head <input type="checkbox"/> Shoulder <input type="checkbox"/> Thigh <input type="checkbox"/> Neck <input type="checkbox"/> Elbow <input type="checkbox"/> Knee <input type="checkbox"/> Chest
<input type="checkbox"/> Forearm <input type="checkbox"/> Shin/calf <input type="checkbox"/> Back <input type="checkbox"/> Wrist <input type="checkbox"/> Ankle <input type="checkbox"/> Hip <input type="checkbox"/> Hand | | |
| 26. Are you Diabetic?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 27. Are you Asthmatic?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 28. Have you ever had other medical problems (<i>infectious mononucleosis, etc</i>)?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 29. Do you have any allergies (<i>medicine, food, bees or other stinging insects</i>)?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| List all allergies: <u>Click or tap here to enter text.</u> | | |

I hereby state that, to the best of my knowledge, my answers to the above questions are correct.

Parent/Guardian Signature: Click or tap here to enter text.

Date: Click or tap here to enter text.

CONCUSSION INFORMATION

PARENT VERIFICATION

In accordance with AS 14.30.142, the School District requires that each athlete, and each minor athlete’s parent/guardian, receive information on the nature and risks of concussions each year. Students may not participate in school activities unless the student and parent/guardian of a student who is under 18 years of age have signed a current verification that they have received the information provided by the District. Parents will be provided information from the Center for Disease Control and Prevention (CDC) entitled, “A Fact Sheet for Athletes” and “A Fact Sheet for Parents”.

Parents and Students should review this information, discuss it at home, and direct any questions to the student’s coach, school principal or athletic activities director.

For more information go to: <http://asaa.org/resources/sports-medicine/>

Parent/Guardian Acknowledgement

I acknowledge that I have received a copy of “A Parent’s Guide to Concussion in Sprots” and understand its contents.

or tap here to enter text.

Student Name (please print)

or tap here to enter text.

Parent or Guardian Signature

Click or tap here to enter

Date

SUDDEN CARDIAC ARREST

PARENT INFORMATION SHEET

Sudden Cardiac Arrest (SCA) is the leading cause of death in student athletes. It happens suddenly and often without warning. SCA is where the heart stops beating suddenly. An individual will stop breathing and collapse, lying motionless or appearing to have a

CAUSES OF SCA INCLUDE:

- Structural heart defects (hypertrophic cardiomyopathy, Marfan syndrome etc.)
- Electrical Heart Defects (long QT syndrome, Wolff-Parkinson White Syndrome, etc.)
- Blow to the chest (Commotio Cordis)

RISK FACTOS FOR SCA INCLUDE:

- Fainting or seizures during or immediately following exercise
- Chest pains during exercise
- Unexplained shortness of breath, long time to catch breath
- Dizziness
- Unusually rapid heart rate
- Extreme fatigue, always tired and lack of energy
- Unexplained sudden death of a direct family member under the age of 50

If your student has any of the risk factors, consult your healthcare provider

TO INCREASE THE CHANCES OF SURVIVING SCA THERE SHOULD BE:

1. An Emergency Action Plan in place for every practice and event
2. Someone immediately calling 911
3. An Automated External Defibrillator (AED) immediately accessible
4. Cardiopulmonary Resuscitation (CPR) hands only started immediately

I have reviewed and understand the symptoms and warning signs of SCA

TO BE COMPLETED BY THE PARENT OR GUARDIAN

Click or tap here to enter text.

Student Name (please print)

Click or tap here to enter text.

Parent or Guardian Signature

Click or tap here to enter

Date

APPENDIX B

Non-KPBSD Student Athlete Middle School Eligibility Check Form

Name of Student: _____ Name of Program/Home School: _____

This form due by the start time of the school day.

All non-KPBSD student athletes from an “alternative education program” or “accredited home school program” are responsible for having their program advisor/administrator verify their eligibility each Monday. These students must meet the same timeframe requirements as KPBSD students.

****Delays in submitting this form will result in the athlete not being allowed to compete for the week.****

- Verification that student is enrolled in an approved “alternative education program” or accredited home school program (See ASAA definitions). Name of Program: _____
- Currently enrolled in at least four classes or the equivalent.
- KPBSD School of Eligibility designated as _____
- No F's
- Student meets age requirements. Age 15 years or younger. If a student becomes 16 years of age during the sports season, the athlete will be allowed to complete that season.

As representative, I verify that this student meets all the above eligibility requirements

Advisor/Administrator Name (please print)

Date

Advisor/Administrator Signature

Contact Number