



Homer High School

Mariners

Kenai Peninsula Borough School District

Doug Waclawski, Principal
Allison Mall Vice Principal
Chris Perk, Athletic Director
Cindy Koplin, Head Secretary

2/2/15

Dear Parents and Guardians;

During our Health/PE classes Tuesdays-Thursdays from Feb. 9th – March 24th we will have guest professionals from our local health agencies; Homer Public Health, the R.E.C. Room of Kachemak Bay Family Planning Clinic, and Haven House to cover our Comprehensive Sexual Health Curriculum. The curriculum focuses on abstinence as the only 100% effective way to avoid STI's and unintended pregnancy. The class also covers information on sexually transmitted infections, pregnancy prevention (abstinence and contraceptive methods such as condom use), communication (negotiation/delay/refusal skills), and decision making based on body regulation techniques and understanding of adolescent brain development. On the back page is an **OPT-OUT** form that must be filled out if you want your student to do ***an alternative activity*** in the library using text-book assignments.

The KPBSD curriculum offered to our students is informative and valuable. All of the students will be asked to do homework assignments with parent/guardian to explore current issues, family values and create an opportunity for important personal dialogue. You as a parent are clearly important in your teen's education, and we want you to be involved. Statistics show that students who have been exposed to a comprehensive sexual education program are more apt to make better decisions in regards to delaying sexual activity and be less likely to become a teen parent.

If you have specific questions, thoughts, or concerns you can call us 235-4600, or e-mail. If you do not want your teen to be in class for this unit, simply fill out the back of this letter and send it in with your teen. If you would like to contact the R.E.C. Room staff to ask questions, feel free to contact them at 235-3436 or recroom@kbfp.org.

If you **want** your child to be in class, you do **not** need to do anything.

Sincerely,

Chris Perk / Pam Rugloski
PE / Health Instructors