

Meeting the Challenge of Childhood Trauma and Adverse Childhood Experiences



KPBSD Worksession
February 5, 2018

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ACES DEFINED:

An adverse childhood experience (ACE) describes a **traumatic experience** in a person's life occurring **before the age of 18** that the person **remembers as an adult.**

CATEGORIES OF ACES

ABUSE	NEGLECT	HOUSEHOLD DYSFUNCTION
Emotional Sexual Physical	Physical Emotional	Living with someone: • with mental illness • who abuses substances • who was incarcerated Witnessing domestic violence Experiencing a separation or divorce

TRAUMA CAN IMPAIR LEARNING

- ❖ **Affect attention, memory and cognition**
- ❖ **Reduce ability to focus, organize and process information**
- ❖ **Interfere with problem-solving and planning**
- ❖ **Result in frustration and anxiety**



TOP NATIONAL REASONS FOR EXPULSION OR SUSPENSION



2015–2016 School Year:

- 20,585 suspensions and expulsions
- Nearly 10,000 suspended (1 in 13)
- Majority for nonviolent, non-safety-related incidents

ACES ARE COMMON AND SIGNIFICANT IN ALASKA

Adverse Childhood Experiences (ACEs) are common events for many Alaskans.

Two thirds of Alaskans report at least one ACE.

These events may have significant costs to their health, social and economic outcomes into adulthood.



Rationale: Adverse Childhood Experiences

As educators, we see the impact trauma has on children and youth every day, as they cannot help but bring it to school. ACEs often adversely impacts students' behavior and their ability to learn

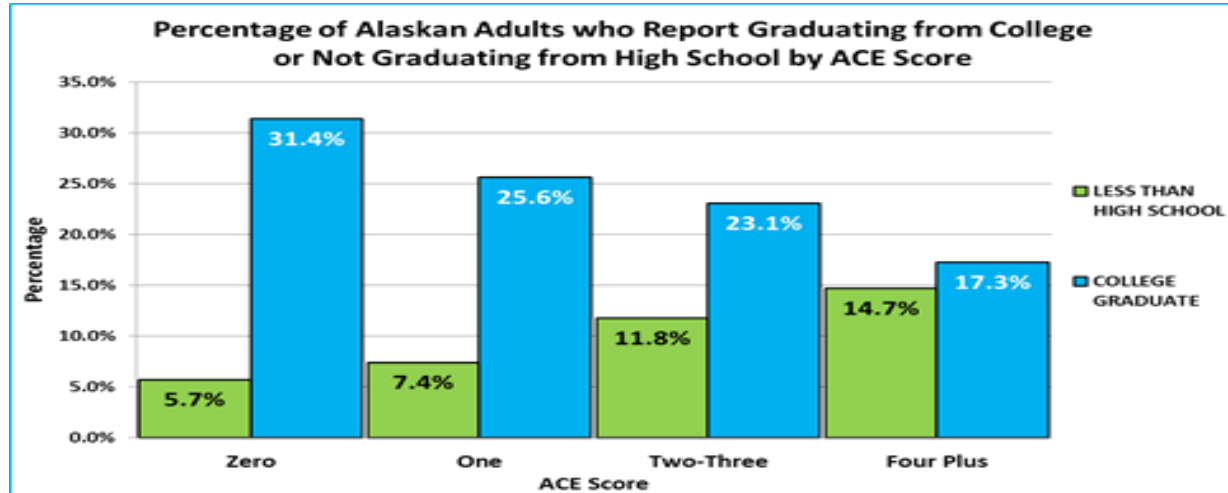


- Understanding trauma's impact offers public education a tremendous opportunity to improve the health and academic outcomes for countless students.

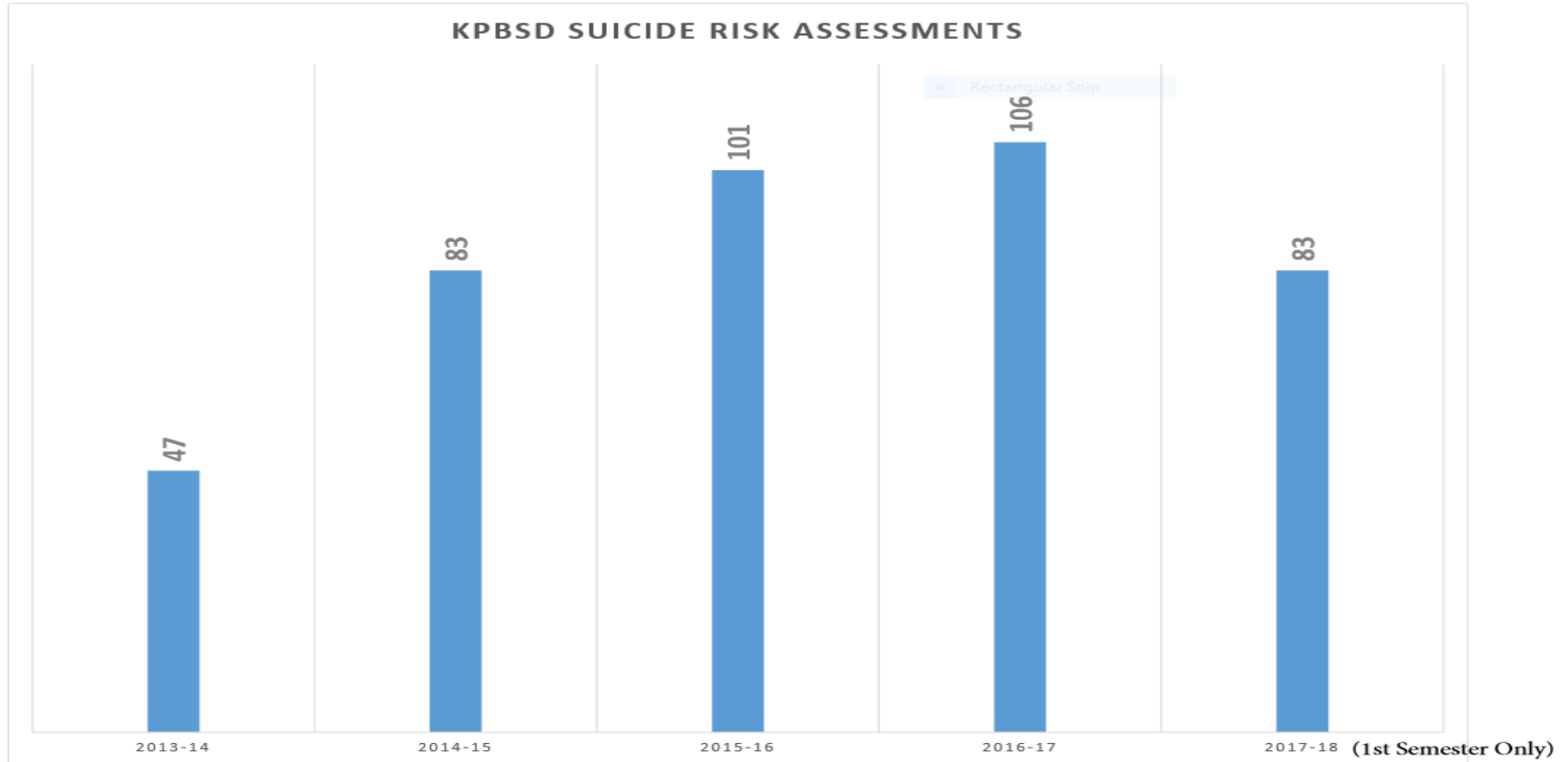
- **Alaskan children who have experienced at least one ACE⁹:**
 - Birth to 5: 40.2%
 - Ages 6-11: 51.9%
 - Ages 12-17: 61.7%

Rationale: Aces And Educational Achievement

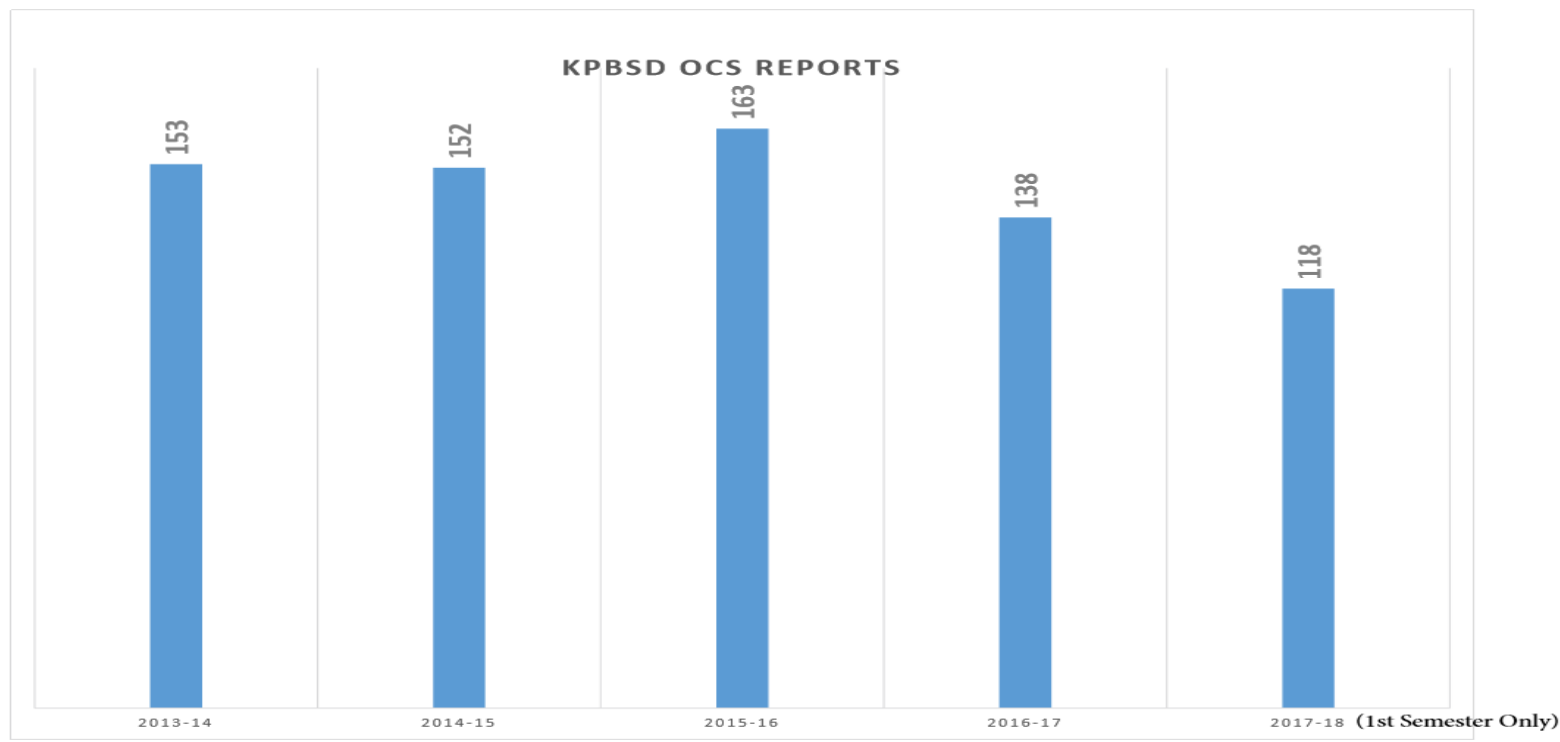
- Alaskan adults who have experienced four ACEs are approximately two and a half times less likely to have graduated from high school.
- Alaskans with four ACEs are about half as likely to have graduated from college



KPBSD SUICIDE RISK ASSESSMENTS



OCS REPORTS: KPBSD's reports are only 10-15% OF TOTAL INCIDENTS reported. OCS typically receives 1,200 reports annually on the peninsula.



- ❖ **KPBSD Core Curriculum Professional Development**
- ❖ **Youth Mental Health First Aid**
- ❖ **Sources of Strength**
- ❖ **The Great Body Shop**
- ❖ **Fourth R and Fourth R Plus**
- ❖ **Mandt Training and Fetal Alcohol Syndrome Disorder (FASD)**
- ❖ **Life Space Crisis Intervention Training**

**KPBSD STAFF
TRAINING AND
PROFESSIONAL
DEVELOPMENT**



DEPARTMENT OF EDUCATION ELEARNING MODULES

eLearning Modules are web-based, interactive training courses for educators

Overcoming ACEs	Trauma-Sensitive Schools	Suicide Awareness
Suicide Prevention	Suicide Intervention	Responding to Suicide - Postvention
Prenatal Alcohol and Drug Related Disabilities	Domestic Violence and Sexual Assault	Opioids and the Overdose Epidemic

DISTRICT PROVIDED SUPPORTS

- ❖ **School Nurses**
- ❖ **School Psychologists**
- ❖ **School Counselors**
- ❖ **Homeless Liaisons**



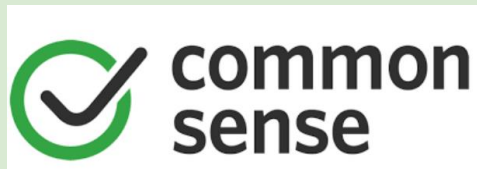
KPBSD TIERED LEVEL OF SUPPORTS



- ❖ Positive Behavioral Intervention Supports (PBIS)
- ❖ Interventionists
- ❖ Special Education Behavioral Programs
 - ❖ Stages, Foundations, and Frameworks
- ❖ Social Skills Training for Targeted Student Needs

KPBSD CURRICULUM - PREVENTION & RESILIENCY

- ❖ Youth Mental Health First Aid
- ❖ Fourth R and Fourth R Plus
- ❖ Sources of Strength
- ❖ Common Sense Media
- ❖ Great Body Shop
- ❖ PBIS



GRANTS TO SUPPORT THE WORK



- ❖ **GCI Community Grants**
- ❖ **GCI Suicide Prevention Grants**
- ❖ **Suicide Pre and Postvention Grants (SAPP)**
- ❖ **Project Aware Grant**



BEHAVIORAL HEALTH AGENCY PARTNERS

- ❖ **Central Peninsula Hospital**
- ❖ **Peninsula Community Health Services**
- ❖ **Seaview Community Services**
- ❖ **Kenaitze Indian Tribe (Na'ini Family and Social Services)**
- ❖ **Ninilchik Tribal Council Health Services/Community Outreach**
- ❖ **Chugachmiut Behavioral Health**
- ❖ **South Peninsula Behavioral Health Services (The Center)**
- ❖ **Seldovia Village Tribal Clinic**
- ❖ **University of Alaska, Anchorage Center for Human Development**

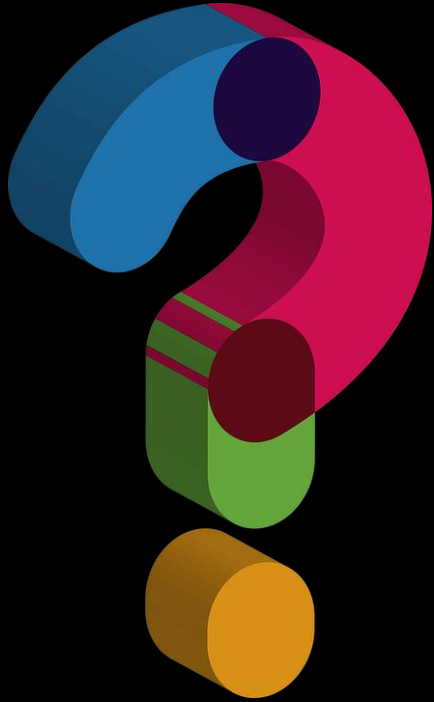
KPBSD AGENCY PARTNERS

- ❖ **Office of Children's Services**
- ❖ **Boys and Girls Clubs**
- ❖ **Head Start and other Early Childhood Programs**
- ❖ **Frontier Community Services and Infant Learning Program**
- ❖ **Kenai Police Department**
- ❖ **Department of Juvenile Justice**
- ❖ **REC Room**
- ❖ **Sprout Family Services**
- ❖ **Project Grad**
- ❖ **Planned Parenthood**

COMMUNITY RESOURCES

- ❖ Lee Shore Center
- ❖ Love INC, of the Kenai Peninsula
- ❖ Mobilizing for Action through Planning and Partnership (MAPP Coalition)
- ❖ Kenai Peninsula Community Care Center
- ❖ The Food Bank
- ❖ Kenai Job Center and Public Assistance

**Please go to Board Docs for a comprehensive list.*



QUESTIONS?



The mission of the Kenai Peninsula Borough School District is to empower all learners to positively shape their futures.